



The fruit of the Spirit is love, joy, peace,
patience, kindness, generosity,
faithfulness, gentleness, and self-control. Galatians 5:22-23

Looking Back . . .

| | | |
|------------------|-------------------|------------------------|
| Sunday | Luke 6:20-31 | The Beatitudes |
| Monday | Habakkuk 2: 12-20 | The Woes of the Wicked |
| Tuesday | Habakkuk 3: 1-16 | The Prophet's Prayer |
| Wednesday | Habakkuk 3: 17-19 | The Prophet's Prayer |

Looking Ahead . . .

| | | |
|-----------------|-------------------|---|
| Thursday | Acts 22: 22-23:11 | Paul and the Roman Tribunal and Paul before the council |
| Friday | Acts 24: 10-23 | Paul's defense before Felix |
| Saturday | Luke 20: 1-8 | The Authority of Jesus Questioned |
| Sunday | Luke 20: 27-38 | The Question about the Resurrection |



Pentecost Season 5: Month of Gratitude

Giving thanks for blessings in our lives is a spiritual practice that not only serves our hearts and minds but serves others as well. This month we will have ideas to help you dwell in gratitude and share your thankfulness with others.

Week 1:

Make a gratitude calendar or journal. As a family get a calendar, notebook, journal, any piece of paper or even digital method will work. For each day have everyone write a gratitude. Share these together either daily or at the end of each week. Another idea is to get index cards and start this as a yearly practice. Write the date at the top of each card, then write the year on the first line and write your gratitude/s and then each year add them to the same card on that date.

Did you miss a week? Download inserts at our website!

www.faithformationjournneys.org

Faith on the Go



Talk about your highs and lows for the day!



The Beatitudes - Luke 6:20-31

Day 1

Luke 6:20-21

Think of a time in your life when everything seemed to be going wrong. Did someone comfort you? Did being comforted help to you know that things would get better?

Day 2

Luke 6:22-23

Have you ever been bullied or rejected by a group of people? Did it make you feel like jumping for joy?

Day 3

Luke 6:24-26

Do you think that Jesus is threatening the rich and full and joyful? Or do you think that this is an encouragement to us to act with compassion for those who are poor and hungry and in grief?

Day 4

Luke 6:27-30

Of these three responses to cruel things, which is hardest for you to understand? What would be your typical reaction? What would be the consequences of that action?

Day 5

Luke 6:31

Is this easy or difficult? Why do you feel that way?



God of Abundance, we thank you for the earth and all its bounty and beauty. We praise you for the gifts of friendship and family. Help us to be good stewards of all that you have made. Amen.



Look into each other's eyes and say - *I thank God for you each day!*



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